

*Miko Underwood*

*"Transformation"*

*30in x 40in*

*(acrylic, paste & papyrus on canvas)*

*12/21/2008*

## **∴Transformation∴**

It was a year of intuitive expression...  
listening to the vibrations that my soul was pulling me toward,  
it was the preparation of the emergence of change  
that was to occur in the following year...  
by the end my intuit self began to shout...  
something new...leave, end, something new!  
And I could no longer avoid let alone ignore the rumbling inside...  
it felt as if my cells were in a rapid rhythmic motion...  
and the light within was bursting thru...  
I was laboring inside the womb of the universe on the onset of my birth...  
I could no longer avoid it...I must go...  
I felt as an electric butterfly emerging from a cocoon...  
A beam of light, a life force was moving thru me...I felt new!  
Tussling with the debris of leaving behind the former self,  
old habits are hard to break...  
But I couldn't turn back, I knew my new self had been realized.  
I had been birthed into a new life, exfoliated from my previous form.

This year represented a change, a new beginning...  
brushing away the dust left from that metamorphosis...  
closing doors and embarking upon this new journey called my destiny.  
I thank God, the Ancestors, Elders and Mentors for helping me thru.